WHAT IS CLAIMED IS:

1. A method of electrochemically and mechanically planarizing a surface of a

substrate, comprising:

(a) providing a basin containing an electrically conductive solution and an

electrode disposed therein;

(b) disposing a polishing medium in the electrically conductive solution;

(c) positioning a substrate against the polishing medium so that a surface of

the substrate contacts the electrically conductive solution;

(d) applying a first potential between the polishing medium and the electrode

for a first time period; and

(e) applying a second potential between the polishing medium and the

electrode for a second time period.

2. The method of claim 1, wherein the second potential is a zero potential.

3. The method of claim 1, wherein the second potential is lower than the first

potential.

4. The method of claim 1, wherein the first potential is a pulsed potential with a

waveform.

5. The method of claim 1, wherein the first potential is a pulsed potential with a

waveform and the second potential is a pulsed potential with a waveform.

6. The method of claim 1, wherein the first potential is a pulsed potential with a

waveform and the second potential is a pulsed potential with a waveform and a

negative polarity.

7. The method of claim 1, wherein the first potential is a pulsed potential with a

waveform and the second potential is a zero potential.

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8. The method of claim 1, wherein the first potential is modulated within a predefined range of potentials.

9. The method of claim 1, wherein the second potential is modulated within a predefined range of potentials.

10. The method of claim 1, further comprising repeating steps (d) and (e) for a third time period.

11. The method of claim 1, wherein applying the first potential comprises:

applying a third potential between the polishing medium and the electrode for a third time period; and

applying a fourth potential between the polishing medium and the electrode for a fourth time period.

12. The method of claim 11, wherein the third potential is a pulsed potential with a waveform and the fourth potential is a pulsed potential with a waveform.

13. The method of claim 1, wherein applying the second potential comprises:

applying a third potential between the polishing medium and the electrode for a third time period; and

applying a fourth potential between the polishing medium and the electrode for a fourth time period.

- 14. The method of claim 13, wherein the third potential is a pulsed potential with a waveform and the fourth potential is a pulsed potential with a waveform.
- 15. The method of claim 1, wherein the first time period is greater than the second time period.

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16. The method of claim 1, further comprising applying a third potential between the polishing medium and the electrode for a third time period.

17. The method of claim 16, wherein the third potential is a pulsed potential with a waveform.

18. The method of claim 16, wherein the first potential is a pulsed potential with a waveform, the second potential is a pulsed potential with a waveform, and the third potential is a pulsed potential with a waveform.

19. The method of claim 1 further comprising

(f) applying a third potential between the polishing medium and the electrode

for a third time period; and

repeating steps (d) through (f) for a period of time.